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FOR IMMEDIATE RELEASE

## *Girlfriends Are Lifesavers*

*by Reeda Joseph*

*“This confection of a book is like candy—tart, satisfying, and so much sweeter when it’s shared. A cheeky homage to the unbreakable bonds between women.”*

— Ame Mahler and Emily Miles Terry, authors of the *New York Times* bestsellers *Nesting: It’s a Chick Thing* and *It’s a Chick Thing: Celebrating the Wild Side of Women’s Friendships*.

Whom do we turn to for the best advice, gossip, and fashion tips? Our girlfriends, of course. In her delightfully funny new book, *Girlfriends Are Lifesavers*, Reeda Joseph pairs witty quips and bold bon mots with one-of-a-kind vintage images to celebrate that special bond that is female friendship. Each page reflects on a different aspect of women's friendships—from sharing secrets to sharing tears, from being each other's cheerleaders to comforting one another with hugs and wickedly witty advice. Filled with love, laughter, and heartfelt care, this charming collection honors everything it means to be a true friend; it's the perfect gift to celebrate our bff's who get us through life

REEDA JOSEPH has been a collector of one-of-a-kind nostalgic items since childhood. From church basements to garage sales to the flea markets of Paris, Reeda is constantly searching for (and finding) vintage images. She lives in San Francisco, California.

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